# **Home and Vehicle Program**

### Track and Portable Lift System



therapy and support to help kids shin thérapie et soutien pour aider les enfants à brille



### What is a Track and Portable lift system?

A track is a straight or curved metal bar that is mounted to your ceiling. A portable lift motor is suspended from a wheeled carriage that travels along the track. The individual is suspended in a sling that hooks on to the carry bar.



#### When to choose a Track/lift:

• If the individual is unable to stand to complete transfers in/out of the wheelchair, shower chair, bed, etc., and is over the 40 - 50 pound limit for a one person lift.

## Specifications:

- The track is mounted on the ceiling in various locations of the home as required.
- Structural strength of the supports in the ceiling must be assessed and may need to be reinforced to hold the load
- There must be a clear path of travel along the route

### How do I go about obtaining a Track/Lift?

Contact the Niagara Children's Centre if you would like a consultation with the Home and Vehicle Program clinicians. You typically require 2 quotes it you are applying for funding. You or your Occupational therapist can assist with setting up an

appointment with the vendor of your choice to obtain quotes and determine who you would like to complete the work. The Social Worker can assist with funding options depending on your family income. Vendors have access to a number of manufacturers (e.g., Arjo-Huntleigh, Human Care, Waverly Glen, etc.). If possible, look up information about the Track/Lift or ask your contractor which one they recommend and why. Remember to ask the vendor about service, maintenance and warrantees that come with the lift.

#### Other Considerations:

- Can have multiple tracks in different rooms and use one portable lift
- A variety of sling shapes and sizes are available depending on the needs of the individual
- An Occupational therapist should assist you with determining which loops of the sling should hook on the carry bar for optimal positioning.
- Relatively low cost to purchase/install